

# The Gourmet Restaurant

Over 40 items  
in our Buffet including  
hot & cold choices  
Lunch Buffet \$9, Dinner \$12.50  
Fully Licensed - Open 7 days

Now Hiring

495 MAIN STREET, PORT COLBORNE 905-834-6683

THURSDAY, SEPTEMBER 11, 2014

## Something to digest

A new book explores Niagara food.  
Page 2

## New mayor for Port

Badaway running for a regional council seat.  
Page 6

## Mouse vs. Mau5

Deadmau5 is in a legal battle with Disney.  
Page 9

## Bad handiwork pays

Looking for the worst DIY homes in Niagara.  
Page 11



NIAGARA REGION COUNCILLOR

**DAVID BARRICK**

C: 905-328-5126

david.barrick@niagararegion.ca

www.niagararegion.ca

Niagara Region

# INPORT NEWS

SERVING PORT COLBORNE • WAINFLEET • SHERKSTON • LOWBANKS

For news updated daily see [www.inportnews.ca](http://www.inportnews.ca)

### MOVIE

## NRP has role in Hollywood thriller realism



REUTERS

Director Atom Egoyan and his wife Arsinée Khanjian, cast members Mireille Enos, Scott Speedman, Rosario Dawson, Ryan Reynolds and Kevin Durand pose on the red carpet as they arrive for the screening of the film *The Captive* at the 67th Cannes Film Festival in Cannes in May.

DON FRASER

QMI Agency Niagara

Niagara cops helped give a Canadian motion picture a shot of realism.

And two years later, officers from the child abuse unit of the Niagara Regional Police were called in to a private Toronto screening of Atom Egoyan's film *The Captive*.

"It was nice to see the finished movie product," said NRP Det.-Sgt. Scott Kraushar, who heads up the child abuse unit. "And also to know there was a sense they had made strong attempts to make it as real as possible, by getting input from real investigators."

In the just-released motion picture, Ryan Reynolds and Mireille Enos play couple Matthew and Tina from Niagara Falls. They have a daughter Cassandra who suddenly vanishes without a trace.

Scott Speedman and Rosario Dawson play the investigating detectives, one of

whom is suspicious of Mattheuw. After eight years, the detectives, who are also involved in anti child pornography work, find evidence Cassandra might still be alive.

About two years ago, the production company — which did some filming in Niagara — called the unit asking for help in creating believable policing scenes.

Their crew, along with the police, came to Niagara, visited NRP's offices at James St. in St. Catharines over three half-day sessions.

Kraushar said police were asked to provide "technical information to help with the casting and creation of the police aspects of the movie." The whole premise is a child abduction, he said, adding questions were asked about how the unit does investigations.

See FILM on Page 2

Margaret Ann GIGANTI  
SALES REPRESENTATIVE  
ROYALLEPAGE

THINGS YOU WISH YOUR REALTOR TOLD YOU...  
see my ad on page 9  
in the Real Estate section!



201 Knoll Street,  
Port Colborne  
\$139,900

Immaculate 3 bdrm, 2 story home, possibly kept home. 1.5 car garage with workshop. Updated windows, furnace, roof & driveway. Nothing to do but move in.

NEW LISTING



11038 LAKESHORE ROAD

Large open concept home on sandy beach! Put a few finishing touches on this home and you'll be ready to add value to your asset portfolio! This is a money maker for anyone who can envision the potential. But you'll also enjoy Summer Lake Front Living. Call Margaret Ann Giganti\* 905-834-9000



YOU'RE NOT ALONE, I'LL HELP YOU FIND YOUR WAY HOME!

CELL: 905.321.9009 OFFICE: 905.834.9000 FAX: 905.834.4410 TOLL FREE: 1.866.531.0008

# UPFRONT

## ENTERTAINMENT

# Port Colborne comedian nominated for major award

DAN DAKIN  
QMI Agency Niagara

**Port Colborne comedian Joe Crawford has been nominated for a prestigious American comedy award.**

The Artists Music Guild named the 30-year-old as a nominee in the best comedian of the year category for its Heritage Awards. The ceremony will be held Nov. 15 in Montréal, N.C.

"It's an honour and a shock," said Crawford, who hosts the *Niagara Dines* show on the Sun Media newspaper sites across Niagara. "I don't see myself as doing it to win awards. I do it because people enjoy it. I want to make people happy and laugh. To be recognized for it ... is knowing I'm doing something right."

Crawford has been performing for 12 years and said he didn't know someone had put his name in for the award until the organizers told him he made the list of 25 nominees.

"I knew nothing about it. I got an e-mail in June saying I was nominated," he said.

In July Crawford found out he made the shortlist of the final five nominees. He's now planning to head to the awards ceremony in November, where he and the other finalists will perform before the televised show is taped.

Crawford hosts the *Joe Show*, a radio and online broadcast each week. His next season premieres Oct. 1.



SUBMITTED PHOTO

Port Colborne comedian Joe Crawford is nominated for an Artists Music Guild Heritage Award for best comedian.

"I think my comedy people can relate to. Maybe it's different because of the Canadian aspect and because a lot of people talk about certain sub-

jects where I'm 30 so I'm not talking about marriage or anything. I can relate my comedy to whoever," he said.

Crawford said he's the first

Canadian comedian to receive a nomination in the five-year history of the AMG Heritage Awards.

The comedian will be per-

forming at the Port Colborne Terry Fox Run Sept. 14.

dan.dakin@sunmedia.ca  
Twitter: @dan\_dakinmedia

## FILM

**Captive team curious about NRP office setup**

From Page 1

"They also asked how we get as a team and approach certain high-risk takedown situations," he said.

Kraushar said *The Captive* production team was also curious about (the) set perspective how we have our office set up here."

Movie advice was also passed on to the team by the force's Internet child exploitation and tech crime unit.

"They were very welcoming to us and appreciated our input into what I believe was a great movie," Kraushar said.

Det. Const. Amanda Sanders of the NRP child abuse unit said the crew was open-minded during their visit.

"I thought going to the premiere was a good opportunity for us," Sanders said.

"I think they really focused on the victim's experience when they're going through something like this."

"And also the fact we don't solve crimes like this as fast as TV sometimes portrays."

In an e-mail, director Eoyang said he's "extremely impressed with the excellent work (unit) is doing."

"I am so grateful for their contribution to the film."

don.fraser@sunmedia.ca

Twitter: @don\_standard



26 WEEKS OF DAILY HOME DELIVERY OF THE WELLAND TRIBUNE AND RECEIVE \$20 WORTH OF CANADIAN TIRE GIFT CARDS!

ONLY  
**\$3.83**  
PER WEEK



SAVE  
**49%**  
OFF THE NEWSTAND PRICE!  
DON'T DELAY - CALL NOW!  
**1.855.333.5594**  
QUOTE CANTINE

\*The offer price of this promotion is \$99.75 tax included. This offer is available to customers who have not had home delivery in the last 30 days. This offer must be pre-paid by credit card or bank of credit or order. This offer is not available in all delivery areas. This offer is not transferable. The offer is non-refundable. The Canadian Tire gift cards are valid with a pre-paid order. Please allow 6-10 weeks for mail delivery of your Canadian Tire gift cards which are not available at your local newsagent. We will not accept accepted, please go to your provider to take advantage of this special offer. ©2014 Postmedia Network Inc. Reprinted with permission from Canadian Tire Corporation, Limited under license. The price per day includes the value of the two Canadian Tire gift cards used to reward for the home and delivery frequency of this promotion. Offer expires September 26, 2014.

# LOCAL NEWS

**GOOD GRUB:** Writer looks at Niagara's flavourful history

## New book digs into Niagara's fabulous food

JOHN LAW

ONI Agency Niagara

Tiffany Mayer was a student in Regina 14 years ago when she realized how fragile Canada's food industry was. How buying cheaper imports went beyond saving a few cents.

At a taping for the CBC show *Countryside*, she watched a Saskatchewan farmer, in tears, explain how he was about to lose his farm.

"He had less than \$9,000 to live on for the year, my wife is about to leave me, I'm about to lose everything," she recalls. "He was like, 'How can I tell my son this is a good career to pursue?' That was like a Holy Cow moment for me."

She dove into agriculture journalism and brought her love of locally-grown food to Niagara, where she was an agriculture writer for most of her five years at *The Standard* (2009-2014).

The stories were plentiful. Here was some of the country's prime fruit land, facing its own unique challenges.

"From a consumer's standpoint, we're incredibly lucky," she says. "We are in one of the most unique growing regions in Canada. There aren't that many places that can grow peaches and cherries."

"From the farmer's standpoint, I don't think there's a job out there it's an easy job but they clearly are adjusted to it. Or just don't know any different!"

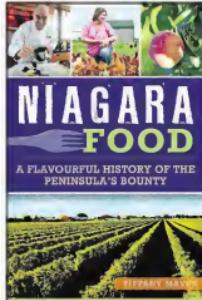
Mayer still had plenty of stories to tell after leaving the paper, so she gathered them for her first book, *Niagara Food: A Flavourful History of the Peninsula's Bounty*.

Released last week, the 160-page book (History Press, \$22) probes the issues, success stories and constant surprises Mayer found roaming the region's food industry.

Among other hurdles, "cheap imports" are a constant concern for local farmers.

"When people look at the price of a basket of peaches, for example, they say 'I can get cheaper peaches elsewhere.' I don't think they really think about all that went in to growing those peaches."

"The cost to prune the tree at the



St. Catharines resident Tiffany Mayer with her first book, *Niagara Food: A Flavourful History of the Peninsula's Bounty*. MIKE DEBATISTA/STAFF PHOTO

**MIKE SLOAT  
CAMPAIGN OFFICE**

**27 MAIN STREET WEST  
PORT COLBORNE**

**Campaign Office Hours**  
**Monday 12pm - 7pm**  
**Tuesday to Friday 10:30am - 5pm**  
**Saturday 12pm - 5pm**

john.law@sumedia.ca

"I thought it would be exhilarating, and it's terrifying," she says. "I sort of feel like it's the second child I've given birth to this year, and this one I'm putting out there for everyone to see and hope they like."

The book is available at local Cole's and Chapters stores, along with Amazon. ca. Twitter: @Tiffersrooki.

## ■ COLUMN

# Catholic schools on slow march to extinction

**GRANT LAFLÈCHE**  
 QMI Agency Niagara

**Y**ou have to give Catholic school boards in Ontario props for being consistent. You know, in the same way that Wile E. Coyote is consistent, no matter how many times he falls off that cliff or runs headlong into a stone wall, he still gets up and tries to eat that bird.

But here's the thing: if you're at windmills can be admirable, there does come a point when Quixotic behaviour simply results in taking giant fan blades to the face.

By way of for instance, consider the case of Peterborough teacher Paul Blake, recently disciplined by the Catholic high school he taught at because he told his students about an Ontario Superior Court ruling stating Catholic schools — as publicly funded institutions — cannot force students to take religious studies.

Catholic schools are increasingly under pressure to wake up and join the 21st century. Kept alive by the dusty British North America Act, they are rapidly losing

relevance and keep ending up on the wrong side of high profile issues.

A growing number of parents, whose children go to a Catholic school largely because it is the only publicly funded school within reach, don't want their children taking Catholic dogma classes. They understandably would rather their kids stayed focused on academics.

Catholic school boards, as you might expect, don't agree.

In April, the courts told the school boards to exempt if their parents wish it.

The Catholic boards reacted by jumping into bed, pulling their blankets over their heads and pretending the court ruling doesn't exist.

They're trying to get around the court ruling by using a half-baked argument that if you wanted to support Catholic schools on your property taxes, you cannot exempt your kid from religious classes.

Apparently, they forgot the old system of paying for separate schools through property taxes died in 1980.

Catholic schools are paid for by the

Ministry of Education using general tax revenues. Which is why the argument, "If you don't want to attend Catholic classes, don't go to a Catholic school," is a complete non-argument. If these schools were privately funded, like every other sectarian school in Ontario, that argument would work. But they are not. Hence the court ruling.

No one is saying they cannot have their religion classes, they just cannot force students to take them. Such is the price of accepting public dollars.

Parents are up in arms and waiting for Liz Sandals, our timid minister of education, to do something. So far she has refused to discuss the issue with the press.

All of which brings us back to hock to Mr. Blake. Given the court ruling and the number of parents besides him, he thought it prudent to discuss the issue with his students. When he asked his principal how he ought to approach it, he was told never to discuss it.

Because, you know, the best and most responsible way to handle things is to pre-

tend they aren't happening.

Blake was laid off as a "surplus" teacher a few weeks later and, since he was being let go, decided to tell the students about the decision in a formal and a formal disciplinary letter because he "understood the vision and mission of the board."

He has since found work in England.

The Blake affair is a mess: a teacher boards defying the courts, a teacher being told to mislead students by omission, and a government refusing to step up and do what must be done.

If Catholic school boards have any hope of remaining relevant they have to realize their existence is not assured. The BNA Act allows for them, but it is not a guaranteed right like freedom of speech. It's been changed elsewhere in Canada, and can be changed here.

At some point, they are going to have to realize the days of separate schools being treated with kid gloves are over and if they continue down this sort of road, they will not protect their school boards but push them closer to extinction.

**SKIP GILLHAM**  
 For QMI Agency Niagara

**T**he *Pearl Light* was in the twilight of its career when it came through the St. Lawrence Seaway for one trip in 1965.

The vessel had been built at Sunderland, England, and launched for the British Ministry of War Transport on Aug. 14, 1943, during the height of the Second World War.

Originally named *Emma*, the ship was sold after the war and had four subsequent names all for ocean trading before becoming *Pearl Light* in 1964. During its visit to the Great Lakes in 1965, the flag of Hong Kong was flying on the stern of the 136-metre-long steamship.

The final name of *Habib Marikar* was given in 1966 but the ship did not finish 1967. While crossing the South China Sea on Nov. 3, 1967, the engine failed during Typhoon Emma. The 24-year-old freighter carrying a cargo of bananas ran aground on the reefs of the island and charming seas. The vessel was on a voyage to Chittagong, Bangladesh, when it ran into trouble under these awful conditions. The ship was driven ashore on one of the Paracel Islands the next day and became a total loss. One member of the crew was lost but the other 43 sailors were rescued by landing craft launched by the crew of the U.S.S. Navarro.



PHOTO CREDIT: HARRY STOTT PHOTO

**GENERAL NOTICE:** The contents of this newspaper are protected by copyright and may be used only for personal, non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright.

For further information, contact Dave Johnson.

**LETTERS TO THE EDITOR:** Copyright in letters and other material submitted to the publisher and accepted for publication remains with the author, but the publisher and its licensees may freely reproduce them in print, electronic or other form.

■ EDUCATION: Many area schools have international students enrolled

# Schools monitoring students for Ebola symptoms

DAN DAKIN  
QMI Agency Niagara

International students coming to Niagara from Ebola-plagued countries are being asked to watch for symptoms of the deadly virus.

Niagara Region's public health department has issued an advisory for schools with international students to monitor anyone coming from countries dealing with the growing outbreak. Mandatory screening, however, aren't required.

"Niagara Region Public Health is following the guidelines of Public Health Ontario and those are based on a risk assessment," said Jessica Hopkins, Niagara's associate medical officer of health. "There is no recommendation for a mass screening for students returning from affected coun-

tries."

Students from Nigeria and other affected countries attending Brock University, Niagara College and international private schools, such as Ridley College, St. Catharines, and Niagara Christian Community of Schools in Fort Erie, are asked to watch for symptoms for a 21-day period since they left Africa.

"If they develop the symptoms, we have plans in place that involve the school and the Niagara Health System," Hopkins said. "They will be immediately put into isolation and assessed. It will be determined if they might have Ebola."

A patient last week was put into isolation at St. Catharines hospital after displaying Ebola-like symptoms. The person, who's age, sex or nationality was not released,

was quarantined for three days before test results came back negative for Ebola.

Brock University media relations manager Jeff Simbal said the school has 1,900 international students, including 10 from West Africa. Niagara College marketing and communications director Dorita Pentecost said there are about 50 students from Nigeria enrolled at the school this year.

Both schools said they've been in contact with public health and are following their guidelines.

"We've issued communications to the international students from our country and passed on information from public health," Pentecost said.

Mark Thieszen, principal at the Niagara Christian Community of Schools in Fort Erie, said he was contacted by the public health

department regarding screening and surveillance procedures.

The private school has 220 students in grades 6 to 12 from 15 countries. Thieszen said there are "several" from Nigeria and that school staff are helping monitor them for any symptoms.

Hopkins said it's important to note virus cannot spread from person to person when there are no symptoms present during the 21-day incubation period.

dan.dakin@sunmedia.ca  
Twitter: @dandakinmedia

## Did You Know that Your Heart is Connected to Your Bones?

Why are so many Canadians plagued by a lack of calcium in their bones (osteoporosis) yet suffer from excess calcium in their arteries (atherosclerosis)?

This is known as the "calcium paradox". Quite recently, medical researchers established the connection between these two health conditions. Vitamin K is a group of fat-soluble vitamins long known for their role in blood clotting. It had always been thought that deficiencies of vitamin K were rare. We thought they were almost unheard of. We were wrong.

Studies show that vitamin K deficiency in bone and blood vessels exists frequently in many adults. At the same time the discovery of vitamin K-dependent proteins in bone has revealed this vitamin's most important function, it has a critical role in the development of your bones, by acting as a regulator and a director of calcium in the tissues.

Simply put...Vitamin K is



absolutely essential to build strong bones, and it helps to promote heart health. Vitamin K helps guide calcium towards the areas of the body where it is needed, such as your skeleton, and bones and away from areas where it could have a negative effect, such as your arteries, heart and cardiovascular system.

Green leafy vegetables usually supply the vitamin K for the majority of Canadians however, many foods considered rich in vitamin K-2 have proven to contain far less than we hoped or believed. But let's face it, we never seem to eat enough spinach.

Natural Factors Vitamin K-2 is an essential supplement if you suffer from poor circulation or cardiovascular disease+. We highly recommend it!

*For more information about Vitamin K2, visit Rosemary's Natural Choices*

60 caps

**Sale... \$9.99**  
Sale ends Thursday 3PM\*

## MURDOCH'S

Celebrating 55 Years as Tire & Mechanical Experts

MURDOCH'S ANNUAL TURKEY COUPON WITH A 4 TIRE PURCHASE

MERCURY H

SAVE \$40 ON A SET OF 4

ECONOMY VALUE  
MRX PLUS ALL SEASON



REGULAR PRICE \$69.00

SPECIAL

\$236<sup>per 4</sup>  
P175/70R13

PREMIUM TOURING  
ROAD TOUR 655 ALL SEASON



REGULAR PRICE \$89.00

SPECIAL

\$316<sup>per 4</sup>  
P185/70R14

POLAR TRAX SNOW & ICE  
Extreme Traction



REGULAR PRICE \$99

SPECIAL

\$356<sup>per 4</sup>  
P195/65R15

TERRA TRAC AT  
LIGHT TRUCK PREMIUM



REGULAR PRICE \$139.00

SPECIAL

\$516<sup>per 4</sup>  
P215/75R15

**TIRE SALE - NOW ON - FREE INSTALLATION AND BALANCING**

Sale Expires: October 10, 2014



ONE STOP TIRE & AUTOMOTIVE  
• PROFESSIONALS FOR 55 YEARS •  
285 Killaly Street W.  
Port Colborne • 905-835-8832

**15% OFF  
ON BRAKE PARTS & LABOUR**

**LUBE OIL & FILTER  
FROM  
\$29.95**

**FRONT END ALIGNMENTS  
\$50  
WITH A 4 TIRE PURCHASE**

**NITROGEN TIRE FILLING  
\$29.95  
FOR 4 TIRES**

**Do You Know Joe?** Joe Horvat is a trusted natural health retailer who has been helping to keep Wellandians healthy for over 17 years. Joe knows all about natural health options. He is a certified Nutritional Consultant, Tridologist and a Digestive Care Consultant. Better health is just around the corner...



95 Lincoln Street  
in St. Charles Plaza  
Phone (905) 714-0586  
[www.rosemarysnaturalchoices.com](http://www.rosemarysnaturalchoices.com)

Info is for reference only. For specific health issues consult your local natural health practitioner.

**ONLINE**

Get breaking news as it happens.

[www.importnews.ca](http://www.importnews.ca)

# LOCAL NEWS

## POLITICS

# Badawey sets sights on Region, won't run for mayor again

**ALLAN BENNER**

QMI Agency Niagara

For the time being, Port Colborne Mayor Vance Badawey said he's focusing entirely on becoming the city's regional councillor after the Oct. 27 municipal election.

He would not confirm whether or not he's also considering running for the position of regional chair. And he has said he has no plans of running as a candidate in next year's federal election, despite a recent telephone poll that suggested otherwise.

Badawey laughed when asked if it's possible that for the first time a south Niagara resident would take the region's top political seat.

"Right now, I'm just simply focused on going into an election that hopefully will give me a seat on regional council," he said, adding that incoming David Barrick is a "credible opponent."

"Right now, my priority and focus is getting a seat on regional council and bringing local interests to that table," he said.

After 14 years as the city's mayor, Bad-

awey said the hardest part of the "extremely difficult decision" was leaving behind a "great team" at city hall and within the community.

Badawey stressed he's not walking away from his hometown.

He said he hopes to continue working for his community in a different capacity.

Although he said it's difficult to walk away from the mayor's seat, the potential of representing the community as regional councillor is exciting.

Badawey hopes to "carry on where I left off and work with the new mayor as well as my col-

leagues at the region and continue with what I was involved with at that level," he said, referring to projects like implementing job creation and economic investment strategies as part of the Economic Gateway Centre designation, as well as the creation of a regional transit system.

He said he feels he will better serve the people of his community at the regional level.

Badawey learned recently he was identified by a robocall system regarding the 2015 federal election. Several area residents reported receiving automated telephone calls last week identifying Badawey

as a Liberal party candidate.

"I heard it was going around. I was sort of perplexed that my name was thrown out there because I've given no indications of my intentions federally," he said.

"I think by throwing my hat in for the regional council seat, it gives a full message of what my intentions are."

Badawey said he has no idea who was responsible for the automated telephone calls.

"It caught me by surprise, but it is what it is," he said.

allan.benner@sunmedia.ca  
Twitter: @abenner1

## The Whites' Claims Advantage Offers Valet Claims Service

PICK your  
PRIZE!  
Get a Quote  
to WIN

Up to \$1000 Gift Card  
from the business  
of your choice!  
\*Conditions apply  
See website for details



Call Today for a Free Quote and Compare!



Sandy White



Heather Price



Michael Stefanik

**WI WHITES'**  
INSURANCE

905-834-3228

45 Clarence St. W. Port Colborne  
[www.whitesinsurance.ca](http://www.whitesinsurance.ca)

Auto • Home • Business • Marine • Life • Bonds



**PAWSITIVELY  
PAMPERED**

DOG & CAT  
GROOMING  
IS NOW  
ACCEPTING  
NEW CLIENTS.

- Individual appointments for undivided attention.
- Now open Sundays for Cats.
  - Call Sharon Ladd at 905-835-6806



1266 WEAVER RD, PORT COLBORNE

## ■ NIAGARA REGION

# War chest plan moves forward

ROB HOULE

QMI Agency Niagara

It took a while to come together, but a plan to create a "war chest" to fund Niagara Region fights against police budgets is moving forward.

St. Catharines Coun. Bruce Timms put forth his plan for such a fund as an amendment to the regional budget to the region's corporate services committee last Wednesday. That report approved by committee in a 16-7 vote but still requiring full council approval — will see the streamlining of reserve funds.

Timms wants council to create a fund in which \$200,000 will be added annually. The money would be spent defending council's position on the Niagara Regional Police budget before the Ontario Civilian Commission on Police Services.

Timms and other like-minded councillors believe such a fund would show the Niagara Region Police Association the region is serious about holding the line on the NRP budget, of which approximately 94% is committed to salaries.

Policing is considered an essential service and officers are not permitted to strike should they fail to reach a bargained contract with municipalities. Because of this, a binding arbitration system is in place, but history has shown arbitrators usually side with police.

"The intent," Timms said, "is to be prepared to defend the taxpayer if and when the police board decides to appeal council's decision on how much to give the police service at budget time."

"This fund is set aside to tell the arbi-

trator, the police board, the union and OICPOPS that this council is prepared to defend the taxpayer against escalating policing costs — whatever the outcome," Timms said.

Timms' amendment, which called for a staff report about the establishment of the fund, had detractors.

"To me, this is the wrong way to go," said Regional Chair Gary Burroughs.

"We need to fix the (arbitration) system."

Lincoln Mayor Bill Hodgson said creating a specific reserve fund was not something he could support from the regional police budget, he said, the money could be drawn from general reserves.

"I'm perfectly supportive of a motion that would commit council to the good fight on behalf of taxpayers, but we do have, in fact, the funds to support that effort, just like we would in any kind of legal proceeding," Hodgson said.

Pelham Mayor Dave Auguskin said a reserve fund would send a mixed message.

"To me, it's like setting money aside to prove that we don't have any money," he said in announcing he would not support the amendment.

Timms found an ardent supporter in St. Catharines Coun. Andy Petrowski, who busted out a baseball analogy to make his point.

"It's another bat," Petrowski said. "This is like an aluminum bat. We need an aluminum bat when we're getting into the ball diamond with the police association. The styrofoam bat didn't hit the ball very far. This is another bat in our dugout, to put the police association on notice that we are going to put aside money to be able to launch a reasonable and a funded fight."

Thorold Coun. Henry D'Angela, who is chair of the police services board, agreed with Burroughs.

"We went to arbitration, a year, two years ago and basically we were told that we had to bat," he said, referring to an arbitration ruling in 2013 that gave police a 3.05% raise retroactive to 2012.

"The rules aren't working. They need some adjustment, but unfortunately we're not the ones who can make those adjustments. That's the provincial government, so until they look at that, we're stuck with what we have."

He said it was better to spend that money to lobby the provincial government for change.

Niagara Falls Coun. Selina Volpatto spoke in favour of the reserve fund.

"It's going to cost us that

money anyway on increases. We need a war chest," she said.

The staff report on the establishment of the Ontario Civilian Police Commission Appeal Fund will be referred to the future budget review committee of the whole, pending regional council approval this Thursday.

robert.houle@summedia.ca  
Twitter: @RobH\_Standard

## COME TO YOUNG'S CATERING

FRESH & LOCAL AT PORT COLBORNE MARKET

7 am - 12 pm (All Year Round)

Every pie purchase gives you a chance to win a Valentine's Day Weekend Dinner For 2  
draw Nov. 30th, 2014 at Port Market.

- Selling fresh homemade pies
- Seasonal hot food (soup, chili, beef stew, pulled pork)
- Taking orders for cabbage rolls and stuffed peppers

Young's Catering 905-394-2462

[JASON@YOUNGSCATERING.NET](mailto:Jason@youngscatering.net) • [WWW.YOUNGSCATERING.NET](http://www.youngscatering.net)



C: 905-328-5126  
[david.barrick@niagararegion.ca](mailto:david.barrick@niagararegion.ca)

2201 St. David's Rd.  
 P.O. Box 1042  
 Thorold, ON L2V 4T7  
[www.niagararegion.ca](http://www.niagararegion.ca)

Niagara Region



NOTICE TO CITIZENS  
 SPECIAL MEETING OF COUNCIL AND OPEN HOUSE  
 MONDAY, SEPTEMBER 15, 2014 - 6:30 P.M.  
 PORT COLBORNE ENERGY PARK

Mayor Vance M. Badaway has called for a special meeting of City Council to be held on Monday, September 15, 2014 at 6:30 p.m. at the Municipal Offices, Council Chambers, 66 Charlotte Street, Port Colborne. Council will consider a report in respect of the conditions in the Agreement of Purchase and Sale that was approved in 2006.

Members of the public are encouraged to attend the meeting. Persons intending to address Council are asked to submit a signed copy, legibly written, typewritten or printed on paper, of the communication they intend to present to Council by 10:00 a.m. on Monday, September 15, 2014.

Prior to the meeting, an open house will be held at 5:00 p.m. in Committee Room 3, third floor, City Hall, to explain aspects of the project of interest to the public.

The agenda for the special meeting will be available on the City's website on Friday, September 12, 2014. Printed copies of the agenda may also be obtained from the Clerk's Office.

Ashley Grigg, City Clerk  
 City of Port Colborne  
 66 Charlotte Street  
 Port Colborne, Ontario L3K 3C8  
[ashley.grigg@portcolborne.ca](mailto:ashley.grigg@portcolborne.ca)  
 905-835-2900 ext. 106



# LOCAL NEWS

**MUSIC:** Mouse vs. Mau5, Round II

# Deadmau5 fires back at Disney

**JOHN LAW**  
QMI Agency Niagara

The Deadmau5 vs. Disney battle of 2014 has just escalated.

A day after the corporate media giant filed a 171-page trademark opposition against a new fan site for Deadmau5, the Niagara Falls-born entertainer — real name Joel Zimmerman — had his lawyer send a cease and desist letter to the company.

The letter alleges Disney uses one of his most popular tracks, "Ghosts 'n' Stuff," for an animated clip on its website without his permission. The video features about 10 seconds of Zimmerman's music to accompany a shot of old Mickey Mouse to a short called *It's-Micks*.

"We just hit them back pretty hard," Zimmerman said last Thursday. "They've been infringing on my rights the whole time."

Zimmerman scanned both pages of his cease and desist and posted it on his Twitter page. "Oh...@disney just in case you're reading our mail, I'll just leave this here," he wrote.

He later added: "It takes 'em 10 years to oppose a trademark, let's see how long it takes 'em to take down a video."

Not long, apparently. The link Zimmerman attached in his tweet was inactive by

Friday, redirecting to the DisneyParks.ca homepage.

The cease and desist letter, drafted by Zimmerman's L.A.-based attorney Diana LaPol, says Zimmerman was under contract with EMI Music Publishing when he composed the track, and is "unaware of any licensee(s) between Disney and EMI ... granting Disney the right to synchronize the Composition with the Infringing Video" or exploit the master recording "in any manner."

On Wednesday, the company made a move to block Zimmerman from trademarking his familiar Mau5 head in a U.S. trademark office. A prominent part of his music and branding since his first album in 2005, Disney claims the image is too similar to its iconic mascot Mickey Mouse, who first appeared in the 1928 animated short *Steamboat Willie*.

Zimmerman applied through the U.S. Patent and Trademark Office last year. He already owns the Mau5 Head image in 30 other countries.

As part of its opposition, Disney contends it "owns long-standing rights in its mouse ears mark," and that Zimmerman's mau5head will create confusion.

"Disney doesn't want me to file in the U.S. for some weird reason," Zimmerman

said. "(I'm) trying to set up a jousting match in the Magic Kingdom to settle the matter."

In a written statement to media, LaPol wonders why Disney is "only now coming after Deadmau5," since the electronic music producer has been using the mau5head "in the U.S. and around the world" for nearly a decade.

"Our client will not be bullied by Disney and is prepared to fight to protect his rights to his property." Disney responded with a statement sent late Friday: "Disney vigorously protects its trademark rights, and we oppose Mr. Zimmerman's attempt to register a logo that is nearly identical to our trademarks for his commercial exploitation," said a spokesperson.

"Our opposition is not about the use of the Deadmau5 costume. The music was appropriately licensed, and there is no merit to his statement."

It's not the first time a Niagara



Deadmau5 poses on the red carpet during the 40th Juno Awards in Toronto on March 27, 2011. file photograph

REUTERS

native has squared off against Disney.

In 2000, Fonthill architect Edward Russell and business partner Nicholas Strackic of Buffalo negotiated an undisclosed settlement after a Florida jury

awarded them \$240 million based on a finding the company used

on

their design for a *Wide World of Sports* park.

The 80-hectare facility opened in 1997, a decade after the idea was pitched to Disney officials.

## THINK CYSTIC FIBROSIS CAN'T TOUCH YOU?

1 in 25 carries the cystic fibrosis gene.

Are you the one?

To learn more and support cystic fibrosis research, visit  
[cysticfibrosis.ca](http://cysticfibrosis.ca)

Cystic Fibrosis Canada  
Investing life into the future™



Sweet coverage! With State Farm® home insurance, your experienced agent will help guide you through all aspects of your policy. From advice on policy specifics to information about discounts, our extensive product knowledge has you covered. Welcome to insurance with lots on top. Get a better State®. Get State Farm. CALL ME TODAY.

**State Farm®**

1205944CN

State Farm Fire and Casualty Company, Aurora, Ontario



Mark Guibault, Agent  
220 Main Street  
Port Colborne, ON L3K 3Y4  
Bus: 905-835-0221  
Toll Free: 866-748-7062  
[www.markguibault.com](http://www.markguibault.com)

## TWO OF NIAGARA'S PREMIER RETIREMENT FACILITIES



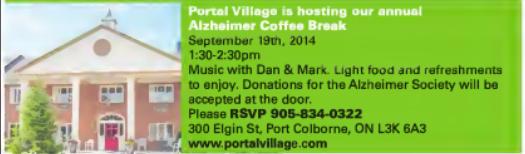
The Community of Lookout Ridge invites you to...  
Our Annual Alzheimer Coffee Break & Bake Sale

Tuesday, September 23rd  
from 1:30-3:00pm  
Join us for music with Brad Boland along with some delicious treats!  
Donations for the Alzheimer's Society will be accepted at the door.  
Please RSVP to **905-892-9218**

You are also invited to a FREE Alzheimer's Education Presentation

At Lookout Ridge, on Thursday, September 25th from 6:30-7:30pm.  
Join us in our Chapel for an informative presentation from a member of the Alzheimer's Society.

For more information or to RSVP to this event, call **905-892-9218**  
1505 Lookout St, Fonthill, ON L0S 1E5  
[www.lookoutridge.ca](http://www.lookoutridge.ca)



Portal Village is hosting our annual Alzheimer Coffee Break

September 19th, 2014  
1:30-2:30pm  
Music with Dan & Mark. Light food and refreshments to enjoy. Donations for the Alzheimer Society will be accepted at the door.  
Please RSVP **905-834-0322**  
300 Elgin St, Port Colborne, ON L3K 6A3  
[www.portalvillage.com](http://www.portalvillage.com)

**ENTERTAINMENT:** Ceremony set for Sept. 30 in Niagara Falls

# Niagara Music Awards announce nominations

**JOHN LAW**  
QMI Agency Niagara

The nominations are in for the seventh annual Niagara Music Awards.

Rockers Set Echo, alt-country group Phantom 309 of Niagara Falls, and St. Catharines hip hop/funk ensemble Theatre Crisp lead the way with multiple nominations for the Sept. 30 show in Niagara Falls.

They were nominated at Boston Pizza in Welland last week.

"It feels amazing and I am grateful," says longtime Niagara Falls country singer Barry Gatta, who collected three nominations including songwriter of the year.

"We had a lot of entries," says co-organizer Erin Visentin, who adds some categories were too good to limit to five nominees. New group of the year, single artist of the year and original song of the year has 13.

"It's a little more exciting," she says. "We didn't have a limit this year."

Even so, categories for blues, jazz and country artist of the year didn't receive enough submissions and were cancelled.

The event has faced some criticism over charging artists a fee to enter.

**WHAT:** 7th Niagara Music Awards  
**WHEN:** Sept. 30, 7 p.m.  
**WHERE:** Tap's Brewhouse & Grill, 4680 Queen St., Niagara Falls  
**TICKETS:** [www.niagaramusicawards.ca](http://www.niagaramusicawards.ca)

ca

"Most of us don't see the value in an awards show that asks to pay to be nominated for awards," writes Phil Tayor of Welland, who is prime on the Niagara Music Awards' Facebook page.

But Visentin says until sponsorships can cover the entire cost of the show, entry fees are necessary. She hopes to eliminate them by next year.

"I wanted to do it this year, but we just couldn't," she says. "We're learning from this year and moving on to next year already."

This year's show will once again be on Queen St. in Niagara Falls, but moves from the Seneca Queen Theatre to Tap's Brewhouse & Grill, where it will be outdoors.

Tickets are \$15 advance, \$20 at the door.

[john.law@summedia.ca](mailto:john.law@summedia.ca)

## And the nominees are...

Nominations for the seventh annual Niagara Music Awards:

### Adult Contemporary

### Artist of the Year

Corey Cruise, Jamie Derek Moore, the Rio Trio

### Album of the Year

Ivy Coast, Phantom 309, Step Echo, The Ages, The Anti-Q's, Theatre Crisp

### Electronic Music of the Year

The Status, Update, Todd Murphy

### Engineer of the Year

Ruben Arancibia, Straight South

### Female Vocalist of the Year

Barby Collins, Gail D, Genevieve-Renee Bisson, Diana Baker, Jamie Gatta, Paige Kopp

### Folk Artist of the Year

Philip Bosley, RK Walker and Amp

### Hip Hop Artist of the Year

The KaC Himself, Ill Table Manners

### Instrumentalist of the Year

Ashram Garage, Avenue Inn, New Franchise, Phantom 309, Step Echo, Stereo Sunrise, The Rio Tico, Theatre Crisp

### Original Group of the Year

Ashram Garage, Avenue Inn, New Franchise, Phantom 309, Step Echo, Stereo Sunrise, The Rio Tico, Theatre Crisp

### Original Song of the Year

Ardent, Avenue Inn, Barb Daniels, Jane Baker, Katelyn Gatta, Linda Tamburri, MJ Laffair,

Paige Kopp, Phillip Bosley, Step Echo, Straight South, The Ages, Theatre Crisp

### Producer of the Year

Ruben Arancibia, Phantom 309

### Progressive Rock Band of the Year

Avenue Inn, New Franchise

### Rock Group of the Year

Ardent, Blame the Neighbour, Border City Beatdowns, Cops of Commission, Phantom 309, Step Echo, Stereo Sunrise, The Ages

### Songwriter of the Year

Ashram Garage, Barby Collins, Barb Daniels, Jane Baker, Katelyn Gatta, Kyle Petch, Paige Kopp, Phantom 309, Straight South, The Rob Graham Band

### Best Bar Band

To be determined by online vote People's Choice award to be determined by online vote Not enough entries for the Blues, Country, Heavy Metal and Jazz categories

### Special Achievement Awards

Dallas Green, Ron Sexsmith, Deadmau5

Golf & Dine

At Niagara's Friendliest Golf Course

Enjoy 9 holes with GPS riding cart and a great meal

Only \$26

+ tax & gratuity p.p.

Every Friday, Saturday, Sunday and Holidays after 3 pm

(18 hole option available after 1 pm)

Play one of 3 unique nines, The Owl, The Fox or The Serpent.

BRING IN THIS AD AND GET A FREE BEVERAGE CARD IN THE PRO SHOP



WHISKY RUN  
Golf Club

Please call for tee times

905-835-6864

631 Lorraine Road, Port Colborne

[www.whiskyrun.com](http://www.whiskyrun.com)

## SUMMER FUN WITHOUT GLASSES OR CONTACTS!

\$500 OFF

the total cost of LASIK

for the month of September

Surgery must be done in September 2014 to receive discount.

Coupon must be presented on day of surgery.

Discount applies to both eyes

### BONUS!

Receive as an added BONUS initial post-op drops, goggles and a 3 year vision care plan valued at \$350 for all procedures performed in September 2014

### SEE NOW, PAY LATER!

Book now for our limited time offer!

0% DOWN

0% INTEREST

for one year OAC



Losing your  
FOCUS?

PROVISION  
LASIK & CATARACT CENTRE

1-888-510-2020

905-371-3217

[www.provision.com](http://www.provision.com)

DR. ANDREW W. TAYLOR  
M.D., F.R.C.S.C., Dip. A.B.O.

6800 Morrison Street, Niagara Falls, Ontario



[www.InPortNews.ca](http://www.InPortNews.ca)

# LOCAL NEWS

■ ENTERTAINMENT: TV show wants to profile Niagara homeowners

## It pays to be unhandy

**RAY SPITERI**  
QMI Agency Niagara

Wanted: Niagara's unhandiest homeowners.

Who'll be featured on a television show?

Bonus: Receive a major home renovation for free.

Mountain Road Productions is casting a new series called *J Wrecked My House* and is looking to cast two homeowners in Niagara.

The homeowners who are cast in the show will receive a free home renovation.

"We are looking for smaller towns. You can find some really funny and interesting characters in small towns," said communications and post-production manager Margaret Robitaille.

"They respond well to TV shows coming to their com-

munities."

*J Wrecked My House* is an HGTV Canada series hosted by comedian Steve Patterson that features eccentric, kooky and unconventional homeowners to home repairs.

The series aired as a one-hour special on HGTV last April and has just picked up 14 more, 10-half-hour episodes that are set to begin filming this fall.

The series highlights some of the unique and outside-the-box approaches to home maintenance and the show is looking for homeowners that take a more "MacGyvered" (take something and make it something you couldn't have) approach to do-it-yourself fixes in their home.

Robitaille said the show is looking for two homeowners

ers in Niagara, which would allow them to film two shows in the area.

In the past, the show has featured homeowners who have gone beyond strange, wacky and extreme Jerry-rigged fixes, including someone who used a fridge to support their house, a person whose toilet was leaking under a sink, and another homeowner who used a plastic bag as a curtain to keep cold air out.

Robitaille said in one instance, a homeowner had a live wire dangling above their sink with a sign saying "live".

She said the show is not meant to be a competition; it's meant for "fun-loving" people with a "good sense of humour" who don't take

themselves too seriously.  
"It's like a comedy of errors."

Robitaille said people interested in submitting should do so quickly because production is scheduled to start this fall.

For more information, visit [www.mountainroad.ca](http://www.mountainroad.ca), or call 613-237-4447.

ray.spiteri@summitmedia.ca  
Twitter: @RaySpiteri



PHOTO COURTESY OF MOUNTAIN ROAD PRODUCTIONS

A new TV series called *I Wrecked My House* is looking to cast two homeowners in the Niagara region. The homeowners that are cast for the show will receive a free home renovation.

## J.DIGS Landscape Construction



- Excavating
- Foundation Dig Out, Sealing & Repair
- Concrete Sidewalk, Stairs & Pads
- Grading & Drainage
- Water Features, Small Ponds & Waterfalls
- Retaining Walls
- Tree Cutting
- Material Removal With 7 Ton Dump

289-821-3734 • [jdigs3734@gmail.com](mailto:jdigs3734@gmail.com)

## Gillespie Auto Centre



Chris Merritt  
Sales Representative



Bob Charney  
Sales Representative



Wesley Proulx  
Sales Representative

2006 CHEVROLET COBALT  
80,000Kms  
\$8,500 + hst

2009 PONTIAC G6 SE  
68,000Kms  
\$9,988 + hst

2006 VOLKSWAGEN PASSAT  
148,000Kms  
\$9,988 + hst

2009 DODGE CALIBER SXT  
125,000Kms  
\$9,988 + hst

2010 DODGE GRAND CARAVAN  
76,000Kms  
\$13,988 + hst

16 Lincoln St, Welland  
JUST WEST OF PRINCE CHARLES  
[www.gillespieautosales.ca](http://www.gillespieautosales.ca)  
**905-735-7151**

2012 TOYOTA YARIS  
66,000Kms  
\$13,488 + hst

2011 MAZDA2  
16,000Kms  
\$12,988 + hst

2009 HONDA CR-V EX-L  
198,000Kms  
\$14,288 + hst and License

2008 CHEVROLET TRAVERSE  
136,000Kms  
\$13,488 + hst

2007 BUICK ALLURE CX-L  
132,000Kms  
\$10,288 + hst

2002 TOYOTA COROLLA CE  
MONTHLY FEATURE

Local 1 owner vehicle, off-market deals  
starts, cash rebates, Summer and Winter  
licensing. **\$4,288 + hst** and Licenses.

We'll give you something to **SMILE** about!

Norbert Gieger » 905.835-2155

186-A West St. Port Colborne

**SOLAR POOL HEATING**

"Pool too Cool this Year?  
End of Year Clearance  
Free Insulations

10% Seniors Discount

ALL STOCK MUST GO!

Day Star Energy 905-562-0077  
some restrictions apply

## PORT COLBORNE BASKETBALL

### Registration 2014-2015

Saturday September 13<sup>th</sup>

Saturday September 20<sup>th</sup>

Location: Vale Centre - Main Foyer

Time: 9 am to 12 noon

Fees: Beginner.....\$125

House League .....\$150

Travel Players.....\$350

Novice Travel.....\$250

Late Registration  
Applies After Sept 21  
(additional \$20)

Forms Available at [www.porthoops.ca](http://www.porthoops.ca)  
or [www.portcolbornebasketball.com](http://www.portcolbornebasketball.com)

# LOCAL NEWS

**COMMUNITY:** Walker Centre members honour memory of Marty Samosh

## Inspiration powers riders in the Big Move

**JULIE JOSCAF**  
QMI Agency Niagara

They've been riding for six years, but this year it was personal.

The annual Big Move bike ride Sunday in support of the Walker Family Cancer Centre was dedicated as being "Inspired by Marty." Ride participants pay age-old kick-off and memorial gift Marty Samosh, who lost his 14-year battle with lymphoma in March this year.

"We are so touched that everyone has Marty in their minds and hearts," said his wife, Rosalie Samosh. "This whole ride is paved with a lot of love from people who have battled cancer and their families, and our hearts go out to all the heroes out there still fight-

ing."

Marty did lose his battle in March, but his dream of finding a cure is still out there and we are so grateful that he is remembered today in such a positive way," she said.

She said each of the nearly 50 riders from the Walker Family Cancer Centre Cycles team handed her a yellow rose on their way past the finish line, where she was cheering on the riders.

She had company, too. Staff and students of Grapeview School, where Samosh is a Grade 3 teacher, came out to cheer along with her. This is the third year that Grapeview School has shown its support for the Big Move.

"It's important for the kids to give back. We need to start teaching them at a young age that it's important to be a community citizen and give back to your community," said Julie Jushevich, a grade 1/2 teacher there who helped start Grapeview's involvement three years ago.

"It's personal to all of us this year," added Grapeview teacher Shelley Fehrmann.

It was "inspiring" to see the school's involvement, said Paulanna Jushevich, president and CEO of the St. Catharines Hospital Foundation.

"If we can bring in increased community support like that, it would be very important for the success," she said.

About 525 riders participated in this year's event with a goal of raising \$400,000. Beginning and ending at Club Roma, cyclists had a choice of riding a 30-, 60- or 100-km route. The ride has raised \$2.1 million since its inception in 2009.

The money raised by Sunday's ride will be used to purchase radiation and other diagnostic equipment for St. Catharines hospital.

Monetarily, it's phenomenal, said Jushevich. "We would have raised \$2.1 million by the end of the day, but what we also need is the community backing... That is very important to us."

julie.joscaf@sunmedia.ca



JULIE JOSCAF/STAFF PHOTO

Cyclists approach the finish line at Club Roma. 525 riders took part in The Big Move Cancer Ride to raise money for the Walker Family Cancer Centre on Sunday September 7, 2014. Cyclists had a choice of riding a 30km, 60km or 100km course. To date, the ride has raised \$2.1 million since it began in 2009. With a goal of \$400,000 this year, that number will hopefully jump to \$2.5 million.

## Port Colborne Household Hazardous Waste Day

Saturday, Sept. 20, 8 a.m. - 3 p.m.  
Vale Health & Wellness Centre  
550 Elizabeth St., Port Colborne

This event is open to all Niagara region residents. No commercial, institutional or industrial waste is accepted.

Gasoline will not be decanted at the depot. The container and the contents will be taken for safe disposal.

Please refer to [www.niagararegion.ca/waste](http://www.niagararegion.ca/waste) for a full list of acceptable materials and packaging and handling requirements.

All material that is brought to the event is recycled, reused or disposed of in a safe and proper manner.

Waste Info line: 905-356-4141  
Toll-free: 1-800-594-5542

Niagara Region

Space provided through a partnership between Industry and Ontario municipalities to support waste diversion programs.

### Examples of Acceptable Household Hazardous Waste (HHW)

- Aerosol cans
- Batteries
- Cleaners
- Gasoline
- Lawn care products
- Motor oil
- Pool chemicals
- Paint
- Propane tanks
- Solvents
- Sharps (Syringes)

### Unacceptable Materials

- Ammunition
- Ballasts
- Commercial or Industrial waste
- Explosives
- Electronics
- PCBs
- Pathological waste
- Smoke detectors
- Radioactive Waste



333 Davis Street  
(on the corner—next to Home Hardware)

Port Colborne

Phone: 905-834-4541  
**"Lumber merchants  
since 1810"**

[www.timbermart.ca/sherk/sherk-timber-mart](http://www.timbermart.ca/sherk/sherk-timber-mart)

Spuce \* Pine \* Cedars \* Plywoods \* Sheds \* Kitchens \* Patios \* Plumbing \* Electrical \* Builders Hardware

Patio Doors (6' Left or Right) \$499 - Peg. \$699 - Used Posts: 8" x 6" x 6', \$9.99, Cash & Carry

\* Bulk stones and coarse / fine sands (delivery available) Second Doors from \$5.00 & up

## FALL CLEARANCE SALE

ALL GREEN PRESSURE TREATED DECKING

**\$0.60/Lin.Ft.**

(While quantities last)

4'x8'x1/2" DRYWALL: **\$9.49/ SHT**  
(cash and carry)



### SHED SALE:

10' X 14' METAL **\$879<sup>99</sup>** • REG **\$1099<sup>99</sup>**

Red & Coffee Coloured, floor kit included in prices above, cash & carry,

**10% OFF ALL WOOD DISPLAY SHEDS**

**NO HST every 3rd Tuesday of the Month**

(Cash & Carry, in stock, reg. priced items)

**Kid's Concert**  
in support of  
 [wheelfordylans.com](http://wheelfordylans.com)  
**Saturday, September 20**  
2:30 PM at Bethany Church  
1040 Balfour Ave, Fenwick

Featuring a performance by  
**The Wood Kids**

With Choreography, Solos and a Sing-along with the Audience



**GEMS**  
will be participating

This is a Children Helping  
Children Fundraiser for  
Dylan's mobility needs



Farewell Offering and Donations are welcome  
For more information please visit:  
[www.wheelfordylans.com](http://www.wheelfordylans.com)

 THE TRIBUNE

## Johnson Farms



FROM OUR FIELDS TO YOUR HOME

- Roma & Beefsteak Tomatoes \$10/ 30Lbs Or \$18/ 60Lbs
- Red Sheppard Peppers Half Bushel \$12/ Full Bushel \$20
  - Mouth Watering Red Haven Peaches
  - Hot And Sweet Peppers \$10 Half Bushel 2 For \$18
- Royal Gala, Cortland & Ginger Gold Apples Fresh Crop



### WE GROW OUR OWN

878 Foss Rd Fenwick

(Between Church St. & Victoria Av.)

Monday-Friday 9-6, Saturday 8-4, Sunday 10-4  
905 341 FARM

[www.InPortNews.ca](http://www.InPortNews.ca)



## LIKE US ON FACEBOOK

[facebook.com/InPort News](http://facebook.com/InPort News)

LOOK IN THURSDAY'S PAPER FOR YOUR M&M FLYER!

**M&M**  
MEAT SHOPS

# FAMILY FAVOURITES FOR LESS!



### LASAGNA

Flavourful ground beef, cottage cheese and tomato sauce between perfectly cooked lasagna noodles and topped with shredded mozzarella cheese

907 g/2 lb

**5.99**  
**MAX SPECIAL**  
**SAVE \$3**



### FULLY COOKED BEEF POT ROAST

Our family-size pot roast has been slow cooked for maximum tenderness  
907 g/2 lb

**12.99**  
**MAX SPECIAL**  
**SAVE \$4**

### Fully Cooked Chicken Wings

• Salt & Pepper • Honey Barbecue  
22-28 PIECES  
907 g/2 lb

**13.99**  
**MAX SPECIAL**  
**SAVE \$2**

Salt & Pepper



### Breaded Chicken Breasts

• Original • Spicy • Crispy  
8 PORTIONS  
8 x 113 g/4 oz

**12.99**  
**MAX SPECIAL**  
**SAVE \$3**



**3 DAYS  
ONLY!**

12  
FRIDAY  
13  
SATURDAY  
14  
SUNDAY

SEPT. SEPT. SEPT.

### CHICKEN STRIPS

Made with solid, all-white chicken breast fillets  
27-33 PIECES  
1.36 kg/3 lb

**11.99**  
**MAX SPECIAL**  
**SAVE \$6**

LIMIT OF 3 PER CUSTOMER



ALL PRICES IN EFFECT FROM FRI., SEPT. 12 UNTIL THURS., SEPT. 18, 2014 UNLESS OTHERWISE STATED.

St. Catharines 210 Glendale Ave. 905-692-3121

Niagara Falls 6225 Thorold Stone Rd. 905-354-1868

St. Catharines 353 Lake St. 905-646-8812

Grimsby 36 Main St. E. 905-945-9400

St. Catharines 100 Fourth Ave. 905-882-6328

Welland 30 Rice Rd. 905-735-6619

Visit [mmmeatshops.com](http://mmmeatshops.com) for individual store hours.





## Police nab drivers as school resumes

Niagara police stopped 280 vehicles last Tuesday during Operation All Hands on Deck, as students returned to school across the region.

Police say 145 provincial offences notices were handed out as part of

the 14th annual traffic and safety awareness day. Of those, 86 were for speeding.

In Welland, a driver was caught driving 82 km/h in a posted 40 km/h Community Safety zone, while a driver in St. Catharines

was caught going 71 km/h in a school zone.

Officers handed out four tickets for distracted driving and 11 tickets for seatbelt/child safety violations.

Police reported a high rate

of road safety compliance, but remind drivers they will continue traffic safety programs in school zones and against aggressive driving, driving while distracted and those in violation of restraint/seatbelt safety.

## Photographic Memories Boggio Pharmacy



Just in time for your fall/winter getaway

## Passport Photos \$10.99

for the month of September



200 Catharine Street, Port Colborne, L3K 4K8  
Tel: 905-834-3514 • [www.boggios.com](http://www.boggios.com)

## PORTAL VILLAGE PLAZA

Killaly St. W. & Steele St.  
PORT COLBORNE

### SMITH OPTICAL

VISION & HEARING CARE



### FLATTER YOUR FACE

*Let us help you with a New Look!*

UP TO  
**FRAMES 50% OFF**

LENS SPECIALS

Plus 30% off 2nd Set of Lenses

SEE OPTICIAN FOR DETAILS

CONTACT LENSES FREE TRIAL

Value Frames from \$50\*

**905-835-6607**

482 STEELE ST., PORT COLBORNE

[www.smithoptical.ca](http://www.smithoptical.ca)



### IT'S GREAT TO HEAR AGAIN

Hearing aids packed with the latest technology

FROM  
**\$495**

With Gov. Grant Applied

Hearing Aids Come in all Shapes & Sizes

**Book Now!**

Hearing Test and See What Aid is Right For You

**SMITH OPTICAL**

Vision & Hearing Care

**905-835-6607**

482 STEELE ST., PORT COLBORNE

[www.smithoptical.ca](http://www.smithoptical.ca)



### EYE EXAMS

**OPTOMETRIST at  
Portal Village Plaza**

**905-834-0532**

482 STEELE ST., PORT COLBORNE

## GET THE LATEST BREAKING NEWS

[www.InPortNews.ca](http://www.InPortNews.ca)



# coming soon



## best deal! 1 day Sale

wednesday september 17th



### subscription savings

**hurry...  
don't miss out  
ON THIS UNBELIEVABLE  
DEAL!**

A CUSTOMER  
APPRECIATION  
SALE TO  
REMEMBER



THE TRIBUNE

★★★  
**GREAT  
OFFER**

## Starting September 1st, 2014 WEEKLY SPECIALS

*Johnny Famous is not just a restaurant, it is an experience one will not soon forget. Our guests are surprised by the beauty of the restaurant when they first walk in and then equally amazed by the quality of the food and service by the time they leave. From our traditional fish and chips to our lovely surf and turf dinner, our menu will please every palate and our restaurant every guest! All senses will be stunned. We promise!*

### SUNDAYS-

We have a new Brunch/Lunch Menu. Mimosas and Caesars just \$4.50 all day. 2 can dine for 99.

**2 surf and turf dinners with a bottle of house wine for just \$99.**

### MONDAY-

Customer Appreciation Night. 15% off all food purchases.

### TUESDAY-

Italian Night. With any Italian entrée order receive FREE Italian Garlic Bread and a Panna Cotta for dessert. Enjoy a drink for just 4.50 from our new Italian Cocktail list.

### WEDNESDAYS-

Wine Down Wednesdays-half off the price of over 15 wines from our regular wine menu.

### THURSDAY-

Tapas Thursdays and Cocktail night. Sample amazing tapas from our exclusive tapas menu and enjoy all 1.5oz cocktails from our menu for just **\$4.95**.

### FRIDAYS-

Facebook Fridays. Mention the special posted on Friday and it is yours. They will be amazing!

Ladies night after 6:30pm 2 for 1 DRINKS for women.

### SATURDAYS-

After 8:30pm, enjoy half priced appetizers and all 1.5oz Cocktails for just **\$4.95**. We will have monthly live bands or DJ parties.



For up to date information about Johnny Famous, like us on Facebook or go to our homepage at: <http://www.johnnyfamous.ca/#/>



1613 HWY 3 EAST  
DUNNVILLE

Call for Reservations

**905-774-7779**

A Great Dining Experience!



LIKE US ON  
FACEBOOK  
[facebook.com/  
InPort News](http://facebook.com/InPortNews)



# CANADA'S SUMMER STORE



## ROAD-READY OIL CHANGE PACKAGE

**\$39 99**

Most vehicles

**PLUS**

### OIL CHANGE INCLUDES:

- Up to 5 litres of Quaker State conventional oil
- MotoMaster oil filter
- Vehicle inspection
- Top up selected fluids



Includes up to 5 L of Quaker State conventional oil (assorted grades). Some vehicles may require more. MotoMaster filter (up to \$5 value) may not fit some vehicles. Additional fees and charges may apply if vehicle requires more oil or a different filter. Eco fees, where applicable, are extra. Limited time offer.

### PEACE OF MIND

- Road-ready inspection
- Rotate tires on vehicle
- Battery test
- Visual brake inspection



**12 MONTHS\***

**NO FEE  
NO INTEREST  
FINANCING**

**WHEN YOU  
SPEND \$200  
OR MORE.**

\*See inside back for details. Excludes parts, service or used equipment.

**287 West Side Rd, Port Colborne, 905-835-1155**

# LOCAL NEWS



**nofrills**  
lower food prices

**WON'T BE  
BEAT®**

If you find a  
cheaper price,  
simply show  
us and  
we will match.

See Store For Details

September 12<sup>th</sup> - September 18<sup>th</sup>, 2014



RASPBERRIES

Product of USA  
No. 1 Grade

3/\$5  
OR \$1.67 EA 6OZ. PKG.

RED, ORANGE OR YELLOW  
FIELD PEPPERS

Product of Ontario

.97¢  
LB. \$2.14/KG

Brent & Jenny's | 53 West Side Rd.  
NoFrills | Port Colborne

## ■ INDUSTRY

### Future of Enerex still uncertain

ALAN BENNER  
QMI Agency Niagara

Enerex Tube's parent company JMC Steel may be anticipating a big increase in annual earnings as a result of new U.S. tariffs imposed on illegally imported steel products, but the future of its Welland plant in Welland has yet to be determined.

Members of Unifor Local 523, representing workers at the Enerex Steel plant on Dain Ave., said the company had been awaiting the final ruling by the U.S. International Trade Commission before any decisions were made about the future of the Welland plant where about 100 workers were indefinitely laid off May 19 when operations were shut down entirely due to unfairly traded oil country tubular goods (OCIG) imported into North America from nine countries.

That ruling was made last week, unanimously supporting new duties of up to 118% on products from nine countries including India, Korea, the Philippines, Saudi Arabia, Taiwan, Thailand, Turkey, Ukraine and Vietnam.

Despite the new tariffs, the Chicago-based parent company has yet to announce its plans for the Welland plant.

"We've been following this very closely and certainly we've reached out to our members in the provincial and federal government as well," said Unifor Local 523 president Rick Alakas. "We're going to continue to do that."

An article published last month in U.S. trade magazine *American Metal Market* quoted an industry analyst saying the tariffs will increase JMC's earnings by about \$20 million annually before taxes. Although Alakas said that article refers to industries on the U.S. side of the border, he said the union remains hopeful that the tariffs will also benefit the com-

pany's Canadian operations as well, particularly the plant in Welland.

There are, however, additional pressures for industries on this side of the border.

"We face hurdles here that some of our U.S. counterparts don't," Alakas added. "We continue to face the high cost of hydro, which is a big concern for us. Along with that, our tax structure is different."

He said U.S. communities are also permitted to provide more assistance to industries than municipalities in Ontario.

"Here in Canada we have the Municipal Act that tends to be cumbersome and makes it more difficult when it comes to things such as reducing taxes or lower rates for hydro or water. There are other inherent problems we face as a Canadian," he said.

Nevertheless, Alakas said the U.S. ruling will help, as well as an ongoing investigation by Canadian Border Security Agency also looking into complaints about foreign-made products being sold in Canada for less than the cost of producing them.

"We will continue to monitor it and continue to work with JMC and Enerex and anybody we can to protect those jobs here in Welland and to find a way to get the operation open again and viable," he added.

Currently, however, no one is working at the plant with the exception of a security guard as well as a few people cleaning up the debris after several buildings were demolished.

Calls to JMC were not immediately returned for this story.

alan.benner@summitmedia.ca

Twitter: @abenner1



#### CITY OF PORT COLBORNE NOTICE OF COUNCIL MEETING SCHEDULE FOR OCTOBER AND DECEMBER 2014

Due to the 2014 Municipal Elections, the regular meetings of Committee of the Whole/Council scheduled for Monday, October 27, 2014 have been cancelled.

The regularly scheduled meetings of Tuesday, October 14, 2014 will proceed as normal at 6:30 p.m.

The Inaugural Meeting of Council will be held on Monday, December 1, 2014 at 7:00 p.m.

The regular meetings of Committee of the Whole/Council for December will be held on Monday, December 15, 2014 at 6:30 p.m.

This notice is given in accordance with Section 4.2(b) of By-law 4314/150/02.

Ashley Grigg  
City Clerk

This notice is available in an alternative format upon request.

# HALF PRICE! EVENT

Today 'til  
September 16th

**HALF PRICE!**  
**\$1**

Reg. 2.17



CLARK  
CANADIAN HERITAGE  
Homestyle Beans & Tomato Sauce

BEANS &  
Tomato Sauce

Reg. 1.59  
LIMIT OF 4

OVER HALF OFF!  
**73¢**

Reg. 1.57



OVER HALF OFF!  
**144**

Reg. 3.67



**HALF PRICE!**  
**4.43**

Reg. 8.87



OVER HALF OFF!  
**93¢**

Reg. 2.17



**HALF PRICE!**  
**7.49**

Reg. 14.99

LIMIT OF 4

Prices in effect September 11<sup>th</sup> - 16<sup>th</sup>, 2014, while quantities last.

# GIANT TIGER

— your save on everything store —

200 Fitch Street, Welland

Store Hours: Mon. - Fri. 8 am - 9 pm  
Sat. 8 am to 6 pm • Sun. 9 am to 6 pm

**Join us!**



foursquare



WATCH, PIN, POST, LIKE, FOLLOW OR TWEET

**GIANTTIGER.com**

GIANT TIGER, TIGRE GÉANT, TIGER HEAD DESIGNS AND OTHER TRADEMARKS IN THIS AD ARE REGISTERED AND UNREGISTERED CANADIAN TRADEMARKS OF GIANT TIGER STORES LIMITED AND ARE LICENSED TO ITS FRANCHISEES.



# Jeremiah Tours

Motor Coach Tours with Faith-Based Itineraries

**OH GIVE THANKS! IN ST. JACOBS** Thursday, October 9th  
 St. Jacobs Market for Thanksgiving Goodies,  
 Village of St. Jacobs plus Fall Colours Drive  
 With Lunch at Crossroads Restaurant  
 \$69pp inc. tax and gratuties

**BEAUTY IN BRANTFORD** Tuesday, October 28th  
 Tours of Mohawk Chapel, Bell Homestead and  
 St. Jude's Anglican Church  
 with Lunch at Windmill Restaurant  
 \$89pp inc. tax and gratuties

**GUYS DAY OUT!** Saturday, November 8th  
 Hamilton Ti-Cats Game (vs. Montreal). Pre-Game Stadium Tour  
 and Post-Game On-Field Access for Player Testimonies with  
 Lunch at Anchor Bar  
 \$99pp inc. tax and gratuties

## Christmas With Jeremiah Tours

### CHRISTMAS SHRINE AND CATHEDRAL TOUR

Wednesday, November 26th  
 St. Joseph's Cathedral and  
 Buffalo Religious Arts Center,  
 Our Lady of Fatima Shrine  
 (for Festival of Lights)  
 and Lunch at Chef's Restaurant  
 \$89pp inc. tax and gratuties



Jeremiah Tours 126 Franklin Ave. Port Colborne ON L3K 4A5  
 289.836.8226 - Local 1.844.JER.TOUR (537-8687) - Toll Free  
[info@jeremiahtours.com](mailto:info@jeremiahtours.com)



[facebook.com/InPort News](http://facebook.com/InPort News)



AARON BOGGIO  
R.Ph.B.Sc.PHMA



Ask Our



LARRY BOGGIO  
Ph.Sc.PHMA (owner)

## Pharmacists

### PREVENTING DEHYDRATION 101

Many of us may not think about it, but with the combination of warmer temperatures and increased activity, our bodies are losing more water than usual. If we do not replace the fluids that are lost, we are putting ourselves at risk of dehydration. The common feeling of being thirsty is the body's way of letting us know that it is becoming dehydrated and needs the lost fluids to be replaced. This signal should not be ignored, so when you feel thirsty, it's time to get a drink of water. The problem arises when the person does not have close access to water or if they become dehydrated very quickly from too much heat exposure or exercise. At this point the symptoms of dehydration are more serious and may include weakness, dizziness, fainting, decreased urination, or deeply yellow-coloured urine. A person with any of these symptoms may require medical attention.

Fortunately, there are some very simple steps that you can take to prevent dehydration. Always bring extra water with you – especially for outdoor events or if working outside. Wear light-coloured and loose-fitting clothing as it will keep you cooler on hot, sunny days. Try to avoid exercise and exposure during high heat index days or at least limit time spent in the heat by finding a shaded area to cool down. Limit alcohol consumption, because alcohol increases water loss leading to dehydration.

It is important for everyone to keep hydrated, but it is especially important to ensure that children and elderly people are getting enough fluids. It may be difficult to get children to drink lots of water throughout the day, so providing them with snacks of fruits and vegetables that have high water content will help to replace those lost fluids. Some of the most hydrating foods include cucumber, iceberg lettuce, tomatoes, watermelon, strawberries, and cantaloupe.

Warmer weather and sunny days are ideal for outdoor events and activities, but please keep in mind our tips for staying cool and hydrated this summer season!

### BOGGIO PHARMACY

200 Catherine St., Port Colborne

**905.834.3514**

[www.boggios.com](http://www.boggios.com)



**GET THE LATEST  
BREAKING NEWS**  
[www.InPortNews.ca](http://www.InPortNews.ca)



## LIKE US ON FACEBOOK

# TRUCK LOAD SALE!

CLEARANCE  
MATTRESSES  
UP TO  
**50%**  
OFF!

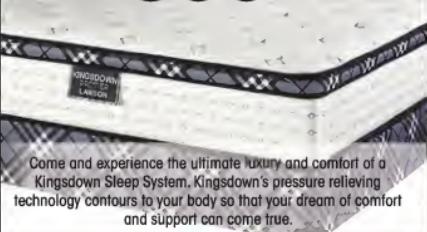
## KINGSDOWN®

Over 100 Years of Mattress Innovation



Now is the time to **SAVE** on a truck load of luxurious mattresses!

**SAVE UP TO  
\$300<sup>00</sup>**



Come and experience the ultimate luxury and comfort of a Kingsdown Sleep System. Kingsdown's pressure relieving technology contours to your body so that your dream of comfort and support can come true.



**LAWSON  
EUROTOP**

880 Foam  
Encased Coils

**QUEEN SET**

Reg. \$1199.00

**SALE  
\$899<sup>00</sup>**

Save \$300.00



**HYBRID  
PLUSH**

800 Foam Encased Pocket Coils with  
3" of Racetrack Comfort Foam

**QUEEN SET**

Reg. \$999.00

**SALE  
\$799<sup>00</sup>**

Save \$150.00



**THE ORIGINAL  
Back to School  
Super Mattress**

416 Bonnell Coils

**QUEEN SET**

Reg. \$499.00

**SALE  
\$399<sup>00</sup>**

Save \$100.00

OUR FAMILY SERVING YOUR FAMILY SINCE 1911  
**Lampman**  
FURNITURE

728 Canboro Rd., Fenwick, Ontario

905.892.4701 • 1.800.892.4702

[www.lampmanfurniture.com](http://www.lampmanfurniture.com)



Mon-Tues 9-6,  
Wed & Sat 9-5,  
Thurs-Fri 9-9,  
Sun Noon-4





## NIAGARA CENTRE SKATING CLUB

**905.788.2627**

[www.niagaracentreskatingclub.ca](http://www.niagaracentreskatingclub.ca)

Sessions Available In Welland,

Pelham & Port Colborne

Provides nationally sanctioned recreational & competitive skating programs offered at the Welland, Pelham and Port Colborne Arenas.

## Learn to Skate

- Figure Skating • Power Skating
- Adult Skate

### WINTER PROGRAM REGISTRATION

August 28th • 6-8 pm - Pelham Arena, 1120 Halst St, Fonthill

September 13th • 10-2 pm - Wellness Centre at 145 Lincoln St, Welland

September 20th • 12-2 pm - Port Colborne arena (Vale Center)  
550 Elizabeth St., Port Colborne

\* Informal registration available at the Welland Youth Arena, Pelham & Port Colborne Arenas during skating hours. See the schedule on the website for times

# LOCAL NEWS

## ■ COMMUNITY

### A new weekly calendar to promote your events

QMI Agency Niagara

Got an event you need listed? We have a new e-mail address for you.

Effective immediately, there will be one address for anyone who wants us to publish an event in *The Tribune*, *The Standard* or the *Niagara Falls Review*.

We are doing away with separate listings for each newspaper — that means Datebook in *The Tribune*, community Do It Listings in *The Standard* and Community Calendar in the *Review*.

In their place, we are combining them into one complete listing that will run in all three

papers. We are calling it Niagara Calendar and the e-mail address you should now only use is [Niagara.Calendar@sunmedia.ca](mailto:Niagara.Calendar@sunmedia.ca)

We're hoping this will streamline the way you submit an event and give your event a wider audience.

Listings will not appear by date, but under relevant categories. Music (bands), nightlife (bands playing at local bars), Community and the catch-all category. Other Stuff. Please keep it to events with specific dates; we will not list ongoing programs.

They will be published every Thursday, and the deadline to submit is Monday by 10 a.m.

Niagara Calendar listings are free and will run, space permitting.

We ask that you submit your listing in the following format, otherwise it cannot be published:

**NAME OF EVENT OR ORGANIZATION IN CAPS: What's happening. Date, time, place, address. Contact information.**

You can also submit your event to our online UR section. This is separate from the Niagara Calendar submission and only appears online. Go to our web page, look for the heading 'Events' down the right side, click on 'Add an Event' and follow the prompts.



**Beat the  
temptation.**



**smokers' HELPLINE**  
CANADIAN CANCER SOCIETY

TOLL-FREE

**I-877-513-5333**



# Five tips for a good garden tune-up

## 1. Give the garden a good haircut

Pull out your sharpest shears and give the garden a good trim. Start with the messy perennials: plants and annuals with dry, blackened stems and leaves, and perennials that are overgrown.

If you feel overwhelmed by the prospect of tackling a big garden cleanup, deal with one plant at a time to make the job more manageable. I start with one plant, like echinacea, and trim all the echinacea in a given bed.

Echinacea will continue to bloom into the fall, so cut back any blackened stems and unsightly seed heads, leave any fresh-looking cones in place, goph finches and other birds will eat the seed as it matures.

Catmint, buttercup, bush, lady's mantle and cranesbill will all look better after a good trim.

Most hosta have finished blooming and the spent

flower scapes can be cut back below the leaf line. Remove any discoloured or tattered leaves. By the end of the summer, hosta foliage is often caked with a sticky residue and debris, leaving the leaves dull and drab. It's like to finish this job by washing down the hosta leaves with a hose on the hose.

Next, deadhead any annuals in the garden, remove any discoloured or dry leaves.

If the plants are beyond repair, pull them up and discard them. You can fill any empty spaces with fall-blooming mums or ornamental kale.

## 2. Feed your plants

Replant blenders such as certain daylilies, echinacea, and coreopsis will appreciate a long drink of water laced with water-soluble fertilizer, as we head into September. They will reward your efforts with a fresh growth and a crop of new flowers.

Continue feeding annuals

such as geraniums, salvia, snapdragons, marigolds, rudbeckia hirta, sunflowers and zinnias, which will continue to bloom well into the autumn. Ornamental grasses are coming into their best season, they do not need feeding, just sit back and enjoy them.

## 3. Plant cool season edibles

September is the ideal time to plant cool season edibles such as spinach, baby salad greens and arugula for late season salads. If you want to try your hand at growing garlic, this is the time to purchase garlic for fall planting.

If you are short of garden space, sow the baby salad greens in containers and grow them in a sunny spot on your deck, patio or balcony. Fresh green and red leaf lettuce looks pretty on it's own, or use the plants as fillers in containers with flowers.

Last fall, I planted lettuce and baby spinach in my

cold frame, just to see how they would fare. The frame offered enough protection to keep the crop from freezing until early December. It was very rewarding to be able to slip outside and snap a bowlful of tender lettuce so late in the season.

## 4. Water

Watering the garden is such a simple task that sometimes we overlook it.

If the season is dry, a single deep drink of water will really improve the health and vigour of your plants.

Containers are particularly vulnerable to drought at this time of the year. Mature plants have lush foliage and plenty of flowers, they still spit out the nutrients. The planter soil is packed tightly, dries quickly. Hot sun and wind exacerbate the crowding problem and plants show their distress by wilting, sometimes just hours after they were watered. Planters

and hanging baskets may need watering twice a day to look their best. Add a thin solution (1/2 the recommended strength) of water soluble fertilizer to the watering can twice a week to keep the flowers coming.

Do not assume that rain will water your planters. Mature planters have large leaves that act as umbrellas redirecting the water to the ground around the container. To check if a container needs water, push your finger deeply into the soil, if the soil feels dry, the plant needs water.

Water trees and shrubs deeply in the fall if there is not adequate rainfall. They will need this water to survive the long winter drought.

## 5. Replace stressed out annuals

My hanging baskets included blue lobelia, which does not fare well in the hot, dry weather. I'm looking forward to

choosing something fresh (and alive) to fill the gaps left by the lobelia. You don't have to replace the whole container if one or two plants have died, just plant something fresh in their place, add a shake or two of slow-release fertilizer and water them in.

Hot dry weather, summer holiday time away from home and undersized containers each put a strain on planter gardens. If your containers look sad, they may be beyond redemption. Do yourself a favour and tip them in the wheelbarrow and treat yourself to a few new planters: a virtual rainbow of chrysanthemums, asters, purple fountain grass and ornamental kale & cabbage are ready for fall planting from your local garden centre.

These Forte is a local gardener, writer, photographer and speaker. You can reach her by calling 905-351-7540 or by email forte\_forte@sympatico.ca

# WAINFLEET

## 2014 Fall Fair



Serving Wainfleet and Neighbouring Communities

Things to See & Do	
Parade	Horse Pull
Tractor Pulls	Climbing Wall
Elementary School Displays	Wagon Rides With Duke And Rocky
ATV Expo & Mud Bog	Project Pioneers
Iron Farmer Competition	Hokey Pockey
Scarecrow Contest	Farm Animals
Demolition Derby	Calf Sorting Demo
Com Eating Contest	Pumping Caving
Wainfleet Idol	Inflatables & Bounce
Competition	BBQ Pig Roast
Exotic Animals	Horseshoe Toss
Poultry Barn	Horseshoe Presentation & Demos
AND SO MUCH MORE!	



**POULTRY**  
A Farm Celebration



ONTARIO  
Your Edition

**PANCAKE BREAKFAST**  
Served the first Saturday  
\$10.00 + HST (11:00 am - 1:00 pm)

**FARMERS' MARKET**  
Saturday only

## IRON FARMER COMPETITION

Come join or watch them at the **WAINFLEET Fall Fair**

**Saturday, September 20, 2014**

Competitors race against the clock on this 6 event obstacle course as they go through the daily challenges of life as a farmer to win the title **"IRON FARMER"**

**ARE YOU MAN OR WOMAN ENOUGH TO TAKE ON THE CHALLENGE?**

**CASH PRIZES**

First \$100
Second \$50
Third \$25

**SIGN-UP ONLINE**  
<http://sites.google.com/site/wainfleetfallfair/iron-farmer-contest>

Due to time, the event is limited to 10 contestants - first come.  
Must be 18 or older

# SPOTLIGHT on Service

Over 150 Monuments on Sale for September!

15% to 40% off  
all Monuments  
in stock now!  
until Sept. 30th



SAVE  
up to  
**40%**  
OFF

Port Colborne  
3114 Hwy 3 East  
905-834-9587

**GLENMOUNT  
MEMORIALS**

Welland  
301 Aqueduct St.  
905-735-9717



[www.dance-expressions.ca](http://www.dance-expressions.ca)

## COME DANCE WITH US

DANCE EXPRESSIONS INC.

Offering Classes in

- Ballet • Pointe • Tap • Jazz
- Lyrical • Hip Hop • Modern
- For Students 3 years to Adult

Training Dancers and Dance Teachers  
In our Community for over 40 Years

183 Main Street East, Rear Unit, Port Colborne  
**905-834-0077**

**Shisler Bros.**  
TOPSOIL & CRUSHED STONE

• MULCH      **YARD**      • SAND

deliveries across niagara.

**CALL 905-894-1662**



"Where traditional customer service  
meets modern technology"

SERVICE | UPGRADES | REPAIRS | USED COMPUTER SYSTEMS

250 Kent St. Port Colborne  
**905-834-6333**

[graham@scccomputers.com](mailto:graham@scccomputers.com)  
[www.scccomputers.com](http://www.scccomputers.com)

**SHERK  
TIMBER MART**

"Lumber merchants since 1810"

333 Davis Street  
(next to Home Hardware)  
Port Colborne, ON L3K 1Z5

Phone: **905-834-4541**  
Fax: **905-834-5100**

[Website: www.timbermart.ca/sherk/sherk-timber-mart](http://www.timbermart.ca/sherk/sherk-timber-mart)

KITCHEN DESIGN SPECIALISTS

FREE DESIGN AND QUOTATION SERVICE  
ON FACTORY ASSEMBLED CABINETS.

INSTALLATION AVAILABLE



**SPECIAL  
OFFER  
ON A SKID  
11 HOURS  
BLACK COLOUR  
MILANO  
LOUNGE  
\$799**



**TEMPERATURES  
ARE RISING**

CALL FOR A FREE ESTIMATE  
ON FURNACE &  
AIR CONDITIONING PACKAGES

**WE SERVICE ALL MAKES & MODELS!**

**BOB REID**

Heating & Air Conditioning  
Residential - Commercial

**905-892-7787**



**J. SNEEK PLUMBING**

BUS 905-864-2518  
HOME 905-834-2135  
[sneekjplumbing@live.ca](mailto:sneekjplumbing@live.ca)

JOHN SNEEK  
OVER 25 YEARS EXPERIENCE

RENOVATIONS/ADDITIONS  
WATER BACKUP SYSTEMS  
FULLY INSURED/GUARANTEED WORKMANSHIP



Make a free call and talk to a trained quit specialist. 1-877-513-5333

 **smokers' HELPLINE**  
CANADIAN CANCER SOCIETY

## DENNIS O'REILLY CONTRACTING AND CARPENTRY

**Look no further to get professional results**

- Remodeling the Niagara Region for the past decade
- Dedicated to providing the finest quality of service and materials for your dollar
- Written warranties

**Always a fast, friendly and FREE estimate**

"Don't settle on part time service"

**Ph: 905-894-8599**





# The Healthy Cupboard

**FONTHILL**

111 #20 EAST  
(across from Sobeys)

905 892.9054

**PORT COLBORNE**

101 CLARENCE STREET  
(across from Food Basics)

905 835.9806

# LEAF SOURCE

## STOPPED CUSTOMER'S PAIN IN DAYS

Nutritional Researcher Discovers a Natural Wonder That Wipes Out Pain and Inflammation, Boosts Immunity and Increases Energy Within a Few Days!



How of Transforming Health, one of the top Internet radio shows, and bestselling author Brad King explains how an ancient earth mineral complex has helped thousands of people eliminate painful inflamed joints, avoid colds and flu, and increase their energy levels without having to resort to harmful drugs or stimulants.

A few years ago King, an award-winning bestselling author and nutritional researcher found himself in a peculiar situation. "I was hired as the keynote presenter at a health conference and was just about to go on stage when I experienced one of the worst bursts flings-ups! I had ever experienced." Bursitis is an often time painful inflammatory condition that attacks the tiny fluid-sacs responsible for reducing friction between joints.

"I had lived with shoulder pain for so long, it was more normal for me to be in pain than out of it, but no matter what I tried,

"The pain would always come back." "It was embarrassing to become here when I used to take the bus as a leading health expert, when I couldn't even lift my arm because of the pain I was in," said King. "As a nutritional researcher, had to constantly deal with inflammation, raw fish oils to eggshell membranes and even combinations of ingredients that most others have never heard of before, but nothing seemed to get rid of my shoulder pain."

**SICK AND TIRED OF BEING TIRDED?**  
Inflamed pain is far from the only thing people complain about these days. In fact, lack of energy is the number one reason people complain about. When you feel constantly fatigued tired is often a by product of our hectic, stressed out, sleepless, poor diet lifestyles and what's worse people don't even realize they're tired. You probably cannot be found within a coffee mug or a soft drink with heart-attack levels of caffeine added!

Stimulants like caffeine accomplish nothing more than depleting our natural energy reserves because they are stress hormones which further eat away at natural energy. The end result is we become dependent on the temporary jolt we feel every time we consume these.

King was well aware of the dangers of pharmaceutical drugs in the NSAID category, which is why he stopped taking them when the pain was unbearable and only for a day or two max. "Millions of people around the world pop these drugs like candy, even though they're not safe for you to be," said King. So you can imagine King's anguish when a colleague of his handed him a bottle of LeafSource and said; "If this doesn't help you, nothing will." Not only did King's pain all but disappear within a few days, he

also noticed a lot more energy from using LeafSource. "I was always in pretty good shape and had a good deal of energy, or at least I thought I did," said King. "You don't realize how much energy you have until you discover that extra edge. Today I am pain free and in the best shape of my life and I owe a lot of that to my newfound ability to perform in many many ways."

**SICK AND TIRED OF BEING TIRDED?**  
Inflamed pain is far from the only thing people complain about these days. In fact, lack of energy is the number one reason people complain about. When you feel constantly fatigued tired is often a by product of our hectic, stressed out, sleepless, poor diet lifestyles and what's worse people don't even realize they're tired. You probably cannot be found within a coffee mug or a soft drink with heart-attack levels of caffeine added!

Stimulants like caffeine accomplish nothing more than depleting our natural energy reserves because they are stress hormones which further eat away at natural energy. The end result is we become dependent on the temporary jolt we feel every time we consume these.

King was well aware of the dangers of pharmaceutical drugs in the NSAID

indicates that the 100 percent natural substances within LeafSource actually help our cells produce more energy. In a very real sense, LeafSource energizes your body's own natural cellular batteries, making you just plain better.

**STRONGEST IMMUNE SYSTEM**  
Forget about those social media systems for sales, fame and fortune, you'd be outwitted, because LeafSource contains specialized substances that aid in the development of a stronger immune system. University research studies have proven that LeafSource contains the highest concentration of immune cells, creating a healthy blood system, which is vital to overall good health. "I have witnessed too many older individuals who have been diagnosed with cancer and still stay healthy by using LeafSource," said Rebecca Keeling, a registered nurse and Director of Care at a leading retirement facility.

**IMPROVES SKIN, HAIR AND NAILS** Aside from reducing pain and inflammation, increasing energy levels naturally and helping to maintain a robust immune system, enormous benefits of this incredible supplement is in its ability to dramatically improve the health of your skin, hair and nails. It turns out, LeafSource also contains specialized nutrients that both increase and support the production of collagen, elastin, keratin and the main proteins required for beautiful skin, lustrous hair and strong nails. This is one of

the reasons some of the top beauty salons carry LeafSource, as their patrons swear by its almost miraculous beauty effects.

**ALL NATURAL RELIEF FROM LEAF SOURCE:** Nutritional Researcher Brad King who try it—are astounded by the health-enhancing benefits and now, you will be too. "LeafSource is one of those rare products

that anyone and everyone could benefit from," says King. This is not yet another man made product, but actually a discovery from the fossilized remains of ancient organic plants that have been growing on our planet for millions of years. Simply put, LeafSource combines the earth's bounty and modern science in one of the most unique, university tested and remarkable 100% organic, vegetable-based multiple purpose health products available today.



endorsed by  
**Brad King, MS, MFS**  
Nutritional Researcher

EXCLUSIVELY AT:

**The Healthy Cupboard**

WITH COUPON  
VALID UNTIL SEPT 20TH, 2014

**LeafSource**  
**Natural Health Enhancer**



\$3  
Value

**TWO LOCATIONS!**  
**FONTHILL**  
111 #20 EAST  
(across from Sobeys)  
905 892.9054

**PORT COLBORNE**  
101 CLARENCE STREET  
(across from Food Basics)  
905 835.9806



**Tanya &  
Ian Birrell**  
Owners of  
The Healthy Cupboard

[www.healthycupboard.ca](http://www.healthycupboard.ca) • [healthycupboard@gmail.com](mailto:healthycupboard@gmail.com)

**The Healthy Cupboard**

SIGN UP FOR OUR  
NEWSLETTER AT  
[www.healthycupboard.ca](http://www.healthycupboard.ca)